

# **Please remember that we are representing God and your clothing should reflect that.**

## **Clothing**

- Work project clothes (5)
- Other ministry clothes (5)
- Rain Jacket

**Make sure your shorts are close to knee length.  
NO TANKTOPS OR SLEEVELESS SHIRTS, NO SHORT SHORTS, NO YOGA PANTS, NO SPANDEX , NO TIGHT FITTING PANTS**

- Lightweight sleepwear
- Undergarments
  - Swimwear **(Please don't meek me ask you to change)**
  - Socks
  - Closed-toe/tennis shoes **NO OPEN TOED SHOES  
ONCE WE LEAVE THE HOTEL**
- Shower shoes

## **Travel Needs**

- Passport and a copy of your passport
  - Medical information and insurance card - a paper copy is fine
  - Personal snacks ( Whatever you want to eat in your room or for snacks each day)
- Spending money/travel meal money You will be able to get souvenirs in the airport

## **Personal Items**

- Medications
- Pepto Bismol, Imodium, Tums or Roloids
- Bug spray.
- Anti-bacterial hand sanitizer
- Sunscreen/sun block
- Sunburn medication and lotion
- Bath towel and/or beach towel
- Wash cloth
- Laundry bag (pillow cases work great)
- Wet wipes
- Comb/brush
- Contacts, contact solution, and case
- Glasses and glasses case
- Toiletries
  - Razor/shaving cream
  - Soap and shampoo , Deodorant PLEASE
  - Toothbrush/toothpaste/floss

## **Must Haves**

- Bible
  - Pens
  - Journal book
  - Backpack or small duffel bag

- Hat, baseball cap, or head cover
- Sunglasses
- Work gloves
- Safety goggles
- Inexpensive watch
- Flashlight
- Ear plugs (your roommates may snore)
- A roll of toilet paper and or baby wipes / flushable wipes
- Ziploc baggies (some gallon size, some sandwich size)

